



Office of Nutritional Products, Labeling and Dietary Supplements
HFS 810
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, DC 20204

8006 01 JUN 11 P2:11

RE: NOTIFICATION OF A DIETARY SUPPLEMENT STRUCTURE / FUNCTION CLAIM

Dear Sir/Madam:

Watkins Incorporated, in accordance with 21 USC § 343(r) and 21 CFR § 101.93, submits an original and two copies of its notification of its product marketing with the statements presented below.

Distributor:

Watkins Incorporated
150 Liberty Street
Winona, MN 55987
Phone: (507)-457-3300
FAX: (507)-452-6723

Supplement Brand Name:

Reduce Plus

Supplemental Ingredients
that are the subject of the statement:

Chromium
Glucosol™
Gymnema Sylvestre

The Text of Statements of Nutritional Support:

"Helps reduce food cravings
Supports sugar and fat metabolism
Promotes healthy blood sugar levels"

In accordance with 21 USC § 343(r)(6) and 21 CFR § 101.93(c), each of the above statements will be followed by an asterisk that will be cross-referenced to another asterisk on the very same panel or page next to which the following statement will appear in a box in bold face type. "These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease."

Certification of Accuracy:

In compliance with 21 CFR § 101.93 (a)(3), I certify that the information presented and contained in the notice herein is complete and accurate. Watkins Incorporated has substantiation that the statement contained in this notice is truthful and not misleading.

Brenda Koth, MS, RD
Health & Nutrition Advisor
Watkins Incorporated

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